

DUODU HENRY APPIAHKORANG

HOW TO GROW in **THE REALMS OF THE SPIRIT**

Divine Keys to Elevate You in
the Spiritual Realm



HOW TO GROW IN THE REALMS OF THE SPIRIT

Divine Keys to Spiritual Growth

BY

DUODU HENRY APPIAH-KORANG

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INTRODUCTION

Christianity is a life of the Spirit because the Holy Spirit is the Leader. Every organization has rules and regulation they follow because it serves as a guide. The same principle applies to Christians.

There are hidden keys in the Word we must search and apply in our Christian walk because ignorance of these keys allows the enemy to overtake us. The Holy Spirit gave me a revelation to write this book as I was meditating on this scripture.

As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

1 Peter 2:2

The Holy Spirit revealed these hidden keys to me because there are Christians who desire to grow in their Christian life, but they don't know how to unlock the door to spiritual growth.

My book will teach you how to activate the kingdom keys in your spiritual life. You will advance to the next level in your Christian life if you apply the keys unveiled in this book. As you read this book, the Spirit of God will speak to you because the words written in this book are full of wisdom and revelation. The hidden keys unveiled in this book work because it is tested.

CHAPTER ONE

THE POWER OF THE WORD

Whatever God created grows because it is the law of nature. It is only the dead that does not grow. A man is a spirit, he has a soul, and the soul lives in the body. Let's read from the Word.

Abstain from all appearance of evil.

And the very God of peace sanctify you wholly; and I pray God your ***WHOLE SPIRIT and SOUL and BODY be preserved blameless unto the coming of our Lord Jesus Christ.***

1 Thessalonians 5:22-23

Paul, the Apostle, was writing to the church in Thessalonica to preserve their spirit, soul and body blameless unto the coming of our Lord Jesus Christ. This means that every human being has a spirit, a soul and a body, according to the scriptures. There are uncountable scriptures to back up this doctrine. Get my book titled [***"How to Walk and Live in the Spirit"***](#) for more profound revelation on this subject. Our body needs food and water to grow. Without food and water, the body will deteriorate.

The same principle applies to our spirit because our spirit needs spiritual food for growth. The question is, why is Paul commanding us to preserve our spirit, our soul and our body blameless unto the coming of our Lord Jesus Christ. The

second question is, does our spirit, our soul and our body play a vital role in our salvation process? If you want to grow **speedily** in the realms of the Spirit, get my books [“Spiritual Seeds for Growth”](#) and [“How to Train the Human spirit.”](#)

We have to understand the word of God from the spiritual perspective because we have the spirit of the letter and the law of the letter. Behind the Word, there is a revelation. The Holy Spirit is the only personality within the Godhead who can reveal mysteries to our spirit. We need the Holy Spirit to help us teach the Word because the Word is full of mysteries and revelation. If you preach only from the law of the letter, you kill the spirit of the letter. Preaching and teaching only from the law blocks the Spirit of revelation within the church. We have to ask the Holy Spirit to explain what the Word means. The Holy Spirit will reveal mysteries to your spirit if you do that. Know these truths.

- The Word of God is the food for the spirit because it is full of the Spirit.
- The Word contains life.
- The Life in the Word is the life of our spirit.
- There are nutrients within the Word; as we feed on the Word, our spirit receives the nutrient embedded in the Word.
- The Word supplies divine love to our spirit.
- The Word clears every evil thought in our minds and transforms our

minds.

- The Word breaks every stronghold of the mind.
- The Word has the capacity and the ability to unlock our spiritual senses.
- The Word unblocks our spiritual senses and activates our spiritual senses.
- The Word empower our spirit to operate on the level of God.
- The Word has the inherent powers to transform and rebuild the walls destroyed by the enemy.
- The Word is a potent weapon that destroys the traps of the enemy.
- The Word silences death and bring life to the spirit, soul and body of a man.
- The Word challenges every power in this world that tries to oppose Him.
- The Word brings life to the hopeless.
- The Word empower our spirit to enable us to conquer evil spirits in the spiritual realm.
- The Word understands the hidden mysteries of God.
- The Word is supreme over every book living on this earth.
- The Word unites the unseen forces to act on the command instructed by the Confessor.

I hope these few revelations have opened your spiritual senses. Child of God,

you need the Word in your Christian life because, without the Word, you will lose focus in the realms of the Spirit. The Word is the final authority of God. If you want to know the mind of God, search the Word. God has hidden His wisdom in the Word. The plans of God are hidden in the Word. The perfect will of God is located in the Word.

I categorize the Word of God into four sectors. The first sector is the written Word. The written Word is the one we carry to our churches. You can download the Word on your electronic devices. The Word can be in a soft copy or hard copy. People sell them on the marketplace and at various bookstores.

The second sector is what I call the spoken Word. When we speak the Word with absolute faith, the Word becomes an unstoppable force in the realms of the Spirit. The spoken Word becomes an offensive weapon or a defensive weapon in the realms of the Spirit.

This weapon destroys the plans of the enemy. I call the Word, the sword of the spirit because our spirit carries this sword in the spiritual realm. As Christians, we need the Word in our spirit and our soul to enable us to grow in the realms of the spirit. The Word became flesh and dwelt among us, and He lives in our hearts. The Word is Jesus Christ, and He lives in us in the person of the Holy Spirit.

The Word reminds us when we are about to go against the command of God. Without the word of God, our spirit will not grow. If you don't eat, your body

will not grow. That is how God made our body to function. I want us to read from the Word.

As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

1 Peter 2:2

Peter, the apostle, says that we need the pure Word to enable us to grow as Christians. This means that the Word is a necessity for spiritual growth. Why did Peter describe the Christian as a newborn baby? He described us as babies because we depend on the Word for growth. We cannot mature in the spirit without the desire of the Word. It is not just that you know the Word, but you must demand, crave, search and desire the Word. If you want to sprout in your Christian life, you need the pure Word.

I know some Christians who love football; they debate over football and movie stars. I will honour men and women of God than honour worldly people who make no positive impact in the world (***See 1 Thessalonians 5:12-13***). Peter, the apostle, says we must make the Word our first choice. We must acknowledge the Word.

It is said that Bishop Williams F. Kumuyi has a special chair for his Holy Bible. The Muslims perform ablution before they touch the Quran because they believe the Quran to be a sacred book. As ministers of God and Christians, we must cherish the Word because, without the Word, we will not mature in the

spirit. If you don't mature in the spirit, false men of God will deceive you. Train your mind with Word because the more you feed on the Word, the higher your spirit rise. I am not giving you theories. I am giving you experiential and divine keys. The keys work for me, and I am sharing them with you.

I don't want to be selfish. This is one of the reasons I love Bishop Dag Heward Mills because his books are practical and biblical. If you read his books, you understand that he shares all his heart with you. When I am reading a Christian book, I can connect with the person's spirit, whether the author is writing from his mind or his heart. I am not trying to glorify man, but I am trying to write what the Spirit of God is telling me to write. I recommend all ministers of God to get Bishop Dag Heward Mills's books because his books are practical and biblical.

Now let's get back to our lessons; without the Word, we cannot grow, as Peter the Apostle writes. Every Christian must endeavour to feed on the Word. I want us to read from the Word.

For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

Hebrews 4:12

We can see from the Word that Paul is making a remarkable statement here. Paul is saying that,

- The Word is quick, which means it can travel faster than the speed of light and the speed of a bullet.
- The Word is effectual and powerful, which means the Word can produce results.
- The Word is sharper than any two-edged sword, which means the Word is an offensive and a defensive weapon.
- The Word divides the thoughts of our spirit from the ideas of our soul and the body.
- The Word can judge the actions of men.
- The Word is an offensive weapon because it violates the works of the wicked.
- The Word is a defensive weapon because it can protect the righteous from the Wicked.

Child of God, understand that we cannot ignore the Word; if you ignore the Word, you rob yourself from maturing in the Spiritual realm. Most of the time, I listen to the Word on my phone. I have an audio version of the Holy Bible on my laptop and my phone. You can download the audio application of the Holy Bible from the google play store and other stores. Download the Holy Bible on all your electronic devices and feed on it. Buy a hard copy of the Holy Bible and feed on it. Let us read from the Word.

It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak

unto you, ***THEY ARE SPIRIT, AND THEY ARE LIFE.***

John 6:63

Jesus Christ is saying that His Word contains life. The Word springs forth the living water that flows directly from the Holy Spirit. I hope you remember the story of Lazarus and the rich man. The rich man begged Lazarus for a sip of water. He needed living water, but it was too late.

The rich man despised the Word when he was alive. He had no respect for the Word because of his wealth. He understood the importance of the Word, so he begged Abraham to send someone from the dead to preach the Word to his neighbours. The time is now, my fellow friend in the Lord; if you don't want to end like the rich man in the story of Lazarus, take the Word seriously. Make time for the Word. Let the Word lead you in all things.

MEDITATION ON GOD'S WORD

There is a lesson we can learn from these scriptures. Let's read.

This book of the law shall not depart out of thy mouth; but ***THOU SHALT MEDITATE THEREIN DAY AND NIGHT, THAT THOU MAYEST OBSERVE TO DO ACCORDING TO ALL THAT IS WRITTEN THEREIN:*** for then thou shalt make thy way prosperous, and then thou shalt have good success.

Joshua 1:8

The scripture says we must meditate on the Word day and night. This is where we have to develop our quiet time. Quiet time means you engage the Word. You move into a calm environment to study the Word. It is time you sit down with the word of God and ruminate on the Word. It is a time of self-check. Your quiet time is when you pray and ask the Holy Spirit to help you understand the Word. This is the time you connect your spirit, your soul and your body to the Word. It is a time of no disturbance. You move to a place you can write lessons you learnt from the Word. It is a time of in-depth studies.

You contemplate and think over the Word with your mind and spirit because God gave us the mind to reason logically. There is a caution here; you don't have to base all your logic on the Word; you must allow the Holy Spirit to reveal the revelation behind the written Word. In my room, I have a place for study. This is where I do my quiet time.

I often pray at midnight and study the Holy Bible at this hour. I have Bible software that helps me understand the Holy Bible accurately. I use the Sword, e-Sword and Power Bible CD for my studies. I have also bought a hard copy of the Ryrie Study Bible and other recommended study Bible tools. I used them during my quiet time.

I also read Christian books connected with the Word of God; I will mention a few books I read. Read Bishop Dag Heward Mills books, Archbishop Duncan

Williams books, Bishop Williams F. Kumuyi books, Rick Joyner books, Bishop David Oyedepo books, Pastor Chris Oyakhilome books, Prophet Kenneth Hagin books and Prophet Kakra Baiden books. These are the books I can recommend to you. You can read other books as the Holy Spirit directs you.

Paul the Apostle was a great minister of God. His ministry grew larger because he was a reader. This is what Apostle Paul said. Let's read.

The cloke that I left at Troas with Carpus, when thou comest, bring with thee, and the books, but ***ESPECIALLY THE PARCHMENTS.***

2 Timothy 4:13

In the time of the Apostle Paul, they used scrolls in their writing. The parchment was the books the Apostles used. Paul was commanding his ministerial servant Timothy to bring him his books. Apostle Paul made exploits in the Kingdom of God because he loved reading. Paul was a lover of the Word. The Holy Spirit used him greatly because he loved the Word. A Christian who does not value the Word remains a baby in the realms of the Spirit. Let's read from the Word.

Is not my word like as a fire? saith the LORD; and like a hammer that breaketh the rock in pieces?

Jeremiah 23:29

God is speaking through Prophet Jeremiah that the Word is like a fire, which

means it can quench every fiery dart of the enemy. The Word is a hammer that breaks every rock. The rocks in this scripture mean a bad foundation received from childhood. The Word can destroy these viruses (***bad character and disobedience***).

The Word can break every evil culture in the family and neighbourhood. Most time, your family's culture makes you think in a certain way. The Word can break those thoughts. For example, most people cherish the dead more than the living in Africa. Family members can spend a large amount of money on funerals.

Meanwhile, when the person was alive, they ignored him. As soon as the person dies, the family contribute to financing the funeral of the person. The Word can break these thoughts because the Word says.

And as it is appointed unto men once to die, but after this the judgment:

Hebrews 9:27

Once a person dies, judgement awaits the person. Why should family members spend a huge sum of money on the dead while the living suffers. Jesus Christ said, ***“LET THE DEAD BURY THE DEAD.” (See Matthew 8:21-22)***. These and other irrelevant thoughts limit us from growing in the Lord. The wisdom of the world limits us from growing in the Spirit. We have to break those thoughts by the Word to enable us to grow in the Spirit. We cannot allow the unbelievers to direct our lives. We have to let them know the way.

PRACTICE AND OBEDIENCE TO GOD'S WORD

Why do Christians fear exposing their Christian life? Most Christians hide their Christianity in the workplace and in schools. Most Christians fear holding their Holy Bible. I am not promoting religiosity; I'm saying that God expects us to be a light unto the unbelievers. The Word of God says.

Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? It is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.

Ye are the light of the world. A city that is set on an hill cannot be hid.

Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Matthew 5:13-16

If we are the light and the salt of this world, then we must direct the lives of the unbelievers. How do we lead the unbelievers? We direct them by our lifestyle. We are supposed to let them know that Jesus Christ lives in us. We are supposed to walk in the footsteps of our Lord and Master, Jesus Christ. Light

stands for vision, so the unbelievers will lose focus in this world without us. Satan controls the mind of the unbelievers. Evil Spirits control the unbelievers in their ignorance because Satan rules the ignorant (**See 2 Corinthians 4:4**). If Adam and Eve had known the consequences of their action, they would not have eaten from the tree.

As Christians, God expects us to help the unbelievers. Some of them will fight us. Some of them will oppose our help. The best we can do is to intercede and teach them the Word. The Holy Spirit will do the next job if we do our part. As we teach them the Word, we become watchful of our lives because they will monitor our lives to see whether we live by the Word.

When I was in University, I preached to the students in lecture halls and in their hostels and on public buses. This made me famous on campus. The unbelievers and the believers tagged me as a pastor; others called me Prophet and Evangelist. Sometimes I will walk on campus; someone will call me Pastor Appiah; thank you for the Word you gave me last week; it touched my heart, and keep it up. Some mature Christians encourage me to keep the fire while others monitor me.

Most of my mates at the University tagged me as Prophet of God because of the activity I involved myself in. This made me cautious about my Christian life because most Christians looked up to me as a light. Most of the unbelievers at the University became Christians because of my evangelism.

I believe people were monitoring me, so I make sure I would do nothing that would compromise my faith and the teachings of the Word.

Preaching and teaching the Word is an excellent booster to your spiritual growth. The unbelievers and the believers will monitor every move you make. When you preach to someone not to fornicate, how can you fornicate? Even your conscience will judge you not to do it. When preaching to others not to steal, how can you steal? It is not just teaching but obeying the Word. The Word says.

But BE YE DOERS OF THE WORD, and NOT HEARERS ONLY, deceiving your own selves.

James 1:22

We must be doers of the Word; practice what you preach. If you practice what you preach, your teachings will change the heart of men faster. If you practice what you preach, your word carries power. If you practice what you preach, your spirit receives revelation from the Holy Spirit. If you practice the Word, your spirit gets the nutrients in the Word. Let's read from the Word.

All things are lawful for me, but all things are not expedient: all things are lawful for me, but all things edify not.

1 Corinthians 10:23

Paul the Apostle says God limits us because of Jesus Christ. Some things do not exalt the name of Jesus Christ. There are things a matured Christian does that

limit the faith of baby Christians. This is what we must be watchful of. The Word is a mirror we observe to analyze our Christian walk with the Lord. The Word approves us in the sight of the Heavenly Father if we study it (**See 2 Timothy 2:16-17**). We must obey the Word because the Word can transform and sanctify the soul.

Sanctify them through thy truth: thy word is truth.

John 17:17

Obedience of God's Word consecrates the soul. When you obey the word of God, you plug into the thoughts of God because the Word contains His thoughts. The Word is the wisdom of God. You can read for yourself.

But unto them which are called, both Jews and Greeks, Christ the power of God, and **THE WISDOM OF GOD**.

1 Corinthians 1:24

If you want to possess the wisdom of God, practically obey the Word because the obedience of God's Word makes your mind peaceful. This is what I call the prosperity of the soul. If the Word gets into your soul, it changes your personality and moulds you into a vessel of gold. You receive a unique garment in the spiritual realm. When the Word is in your spirit, you detect the voice of the Holy Spirit quickly because the Word and the Holy Spirit always agree. The Holy Spirit will never contradict the Word (**See 1 John 5:7-8**).

There is a caution here; most of the time, Christians become legalistic and religious when they obey the law of the letter. Careful you don't fall into this category. Legalistic Christians differ from Principled Christians. Let the Word dwell in your spirit richly. When the Word lives in your spirit, sin remains inactive in your Christian life. Let's read from the Word.

Thy word have I hid in mine heart, that I might not sin against thee.

Psalm 119:11

- When we treasure the Word in our spirit, the consciousness of the Holy Spirit will rule our soul (*mind, emotions, and decisions*).
- When we treasure the Word in our soul, our mind connects with the thoughts of God.
- When we treasure the Word in our hearts, the desires of the flesh remain inactive.
- When we treasure the Word in our hearts, we live like the Holy Angels in Heaven.
- When we treasure the Word in our hearts, the consciousness of the Holy Spirit remains active in our souls.
- When we treasure the Word in our hearts, the affairs (*worries, fears and hopelessness*) of this life remain dead in our life.
- When we treasure the Word in our heart, the plans of God remain active in our life.

- When we treasure the Word in our hearts, Satan and his minions cannot overtake us in our thoughts. (***Meditate on 2 Corinthians 10:3-5***).
- When we treasure the Word in our heart, our spirit grows in the realms of the Spirit.

Child of God, don't underestimate the word of God because the Word is a fixed asset in our spiritual life. We have current assets, fixed assets, tangible and intangible assets in accounting. Fixed assets remain productive in the course of the business. For example, land is a fixed asset; it does not depreciate but appreciates. The Word is a fixed asset in the believer's life; the Word of God never depreciates. The Word cannot lose value. Nobody can change the Word because it is fixed. I want us to read from the Word.

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

And be not conformed to this world: but ***BE YE TRANSFORMED BY THE RENEWING OF YOUR MIND***, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 12:1-2

Paul the Apostle says that we should present our bodies as a living sacrifice, holy and acceptable unto God, because it is our reasonable service. Our body is

the temple of the Holy Spirit. The Holy Spirit dwells in our hearts. When David slept with Bathsheba (*Uriah's wife*), he prayed that God should not take away the Holy Spirit from him, which means the Holy Spirit can depart from us if we consistently and willfully sin. You can read for yourself.

Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I acknowledge my transgressions: and my sin is ever before me.

Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest.

Behold, I was shapen in iniquity; and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

Make me to hear joy and gladness; that the bones which thou hast broken may rejoice.

Hide thy face from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God; and renew a right spirit within me.

Cast me not away from thy presence; **AND TAKE NOT THY HOLY SPIRIT FROM ME.**

Psalm 51:1-11

If you want to mature in the spirit, do not ignore this protocol, the key to sanctification. You must keep the body clean by resisting fornication. As Christians, the unbelievers will tempt us. We need to stand firm in the Lord by putting on the whole armour of God. **(See Ephesians 6:10-18).**

Apostle Paul further states that we must not conform to the pattern of this world, but we should renew our minds by the Word so that we can connect with the perfect will of God.

It is the will of God that we grow in the spirit, and how do we grow in the spirit. We have to reject the decisions of the world and transform our minds with the Word. Let's read from the Word.

LET THE WORD OF CHRIST DWELL IN YOU RICHLY IN ALL WISDOM; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Colossians 3:16

Why is Apostle Paul saying that we should embrace the Word into our hearts? It is because the Word is full of virtues.

- The seed of love dwells in the Word of God

- The Seed of faith lives in the Word of God.
- The seed of hope dwells in the Word of God.
- The seed of peace dwells in the Word of God.
- The seed of holiness dwells in the Word of God.
- The seed of self-control dwells in the Word of God.
- The seed of patience dwells in the Word of God.
- The seed of temperance dwells in the Word of God.
- The Seed of power dwells in the Word of God.
- The anointing of the Holy Spirit dwells in the Word of God.
- The virtues of the Holy Spirit dwell in the Word of God (***See Galatians 5:22***).

Apostle Paul further states that we should teach and admonish ourselves in psalms and spiritual songs. The power that lies in spiritual songs is great and immeasurable. Always sing from the heart because the Holy Spirit searches our hearts when we enter the realms of worship and praise. If you worship and praise God from your heart, the words in the music empower your spirit.

I love to worship God from my heart because it makes my spirit active to the voice of the Holy Spirit. Spiritual songs are another great asset to your spiritual growth. Worship and praise God from your heart, and your spirit will mature in the Lord.

King David in the Holy Scriptures was a man of music; it came to a time; his

music drove away evil spirits from King Saul (*See 1 Samuel 16:23*). If a spiritual song can drive away from the evil spirit, what do you think music can do in your Christian life. Soak yourself into anointed worship and praises because they boost your spiritual strength in the Lord.

DECLARATION AND CONFESSION OF GOD'S WORD

God created our tongue for a purpose. Our tongue plays a significant role in our spiritual walk with the Lord. The Word of God says.

DEATH AND LIFE ARE IN THE POWER OF THE TONGUE: and they that love it shall eat the fruit thereof.

Proverbs 18:21

The words within our tongue are creative forces in the realms of the Spirit. If you don't use the tongue, your spirit will stagnate in the spiritual realm. The word of God says life and death are in the tongue. God created the world with Word. Get my books titled

1. [*Spiritual Codes*](#)
2. [*Spiritual Laws*](#)
3. [*Spiritual Keys*](#)
4. [*How to Break the Spirit of Inferiority*](#) and
5. [*The Book of Mysterious Visions*](#) for a more profound revelation.

Words are creative forces in the spiritual realm. God has made promises in the Word. It is our responsibility to declare, decree and confess these promises in our lives.

HAST THOU COMMANDED THE MORNING SINCE THY DAYS; and
caused the dayspring to know his place;

That it might take hold of the ends of the earth, that the wicked might be shaken out of it?

Job 38:12-13

Job was trying to downplay the wisdom of God by his intelligence. God replied Job with this question “***HAST THOU COMMANDED THE MORNING SINCE THY DAYS***” so, Christians can command the elements of God. We can command the forces of darkness that limit us from advancing in our Christian life. There are evil forces in the spirit's realms that limit our productivity in God's Kingdom. To break through these forces, apply the weapon of declaration, decrees and confession of God's Word.

Most Christians are not using this key because they are ignorant. If you want to mature in your Christian life, you must silence these forces with the Word. There is a powerful scripture I want to show you. Let's read.

Thou shalt make thy prayer unto him, and he shall hear thee, and thou shalt pay thy vows.

THOU SHALT ALSO DECREE A THING, AND IT SHALL BE ESTABLISHED UNTO THEE: and the light shall shine upon thy ways.

Job 22:27-28

The Word of God says we must decree, and it shall be established. Some enemies have sworn to assassinate you before your time. You must rise and decree the Word as the Holy Spirit directs. Paul, the Apostle state that there are some spiritual battles.

Finally, my brethren, be strong in the Lord, and in the power of his might.

Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

FOR WE WRESTLE NOT AGAINST FLESH AND BLOOD, BUT AGAINST PRINCIPALITIES, AGAINST POWERS, AGAINST THE RULERS OF THE DARKNESS OF THIS WORLD, AGAINST SPIRITUAL WICKEDNESS IN HIGH PLACES.

Ephesians 6:10-12

We have to conquer these forces by the Word. We have to put on the armour of God. Get my books titled;

1. [*How to Live and Deal with Enemies*](#)
2. [*Visions of the Night*](#)
3. [*How to Break the Stronghold of the Enemy*](#) and

4. [*The Prophetic Sword*](#) for more profound revelations.

These forces limit our spiritual growth. Enforce the Word by declaring it. Do you know that some Christians are in their grave because they failed to decree the Word? As I am writing to you, some Christians are in the hospital bed.

They have allowed the enemy to limit them. They cannot rise to the next level of their Christian life because they have not activated this key. Jesus Christ overcame Satan with the Word. We are not wiser than Jesus Christ. Declare the Word if you want to grow in the Lord. Declare these prophetic and apostolic missiles in faith in your prayers.

These spiritual missiles will activate your spiritual muscles and break any force limiting your spiritual growth. Use the prophetic watch when you are about to enforce them. *(Between 12:00 am and 3:00 am-midnight hour).*

Follow these instructions

1. Eliminate any form of unforgiveness in your heart.
2. Confess every unknown sin in your life *(Destruction of accursed materials)*.
3. Soak yourself into the blood of Jesus Christ by faith *(Declare with your tongue)*.
4. Begin with thanksgiving, praise and worship ***(See Psalm 100:4)***.
5. The Holy Spirit will create a conducive atmosphere when the Heavens open. This will activate the archangels of war. ***(See Acts***

16:25-26).

6. Don't allow the devil's voice to distract you (*the devil will use things from the environment to distract you*). Resist him by faith
7. The door is now open for the declaration.

- No weapon devised against my Life will prosper in Jesus name!
- Let the counsel of the wicked be turned unto foolishness in Jesus name!
- I will not die, but I will live to see the glory of the Lord in Jesus name!
- Let the Angel of the Lord chase every conspirator in my life in Jesus Name!
- I command the north wind to destroy the agenda of the wicked one in Jesus name!
- I command the south wind to enforce my spiritual blessings in Jesus name!
- Whatever the enemy has stolen, let there be a sevenfold return right now in Jesus name!
- Let the blood of the Lamb silence every enemy's voice in my bloodline in Jesus name!
- I break every curse in my neighbourhood in Jesus name!
- Let the blood of the Lamb silence the condemnation and evidence of

the enemy in my life and my family's life in Jesus name!

- I break the spirit of setback in my life in Jesus name!
- Let the blood silence the evidence of death and the grave in my family and my life in Jesus name!
- Every physical enemy who has sworn to assassinate my loved ones and me before our time die by thunder in Jesus name!
- Let the earth, wind, fire, and the water fight against any evil force which has the plan to limit my spiritual growth in Jesus name!
- Let the earth, air, water and fire refuse the commands of elemental spirits in my life in Jesus name!
- Let every evil enchantment, incantations, spells and charms decreed over my family break in Jesus name!
- I command the ten plagues recorded in the old testament on any pharaoh in my life in Jesus name!
- Every Goliath in my family dies by fire by the sword of the Lord in Jesus name!
- Let the favour of the Lord locate my loved ones in Jesus name!
- Every curse and altars in my bloodline are destroyed by the blood of Jesus!
- Every evil word spoken against me be dismantled by the power of the Holy Spirit!

Every prophet has a special sword assigned to him by the Holy Spirit. Use the

sword of the spirit to counter-attack any forces of darkness, limiting your spiritual growth. Search the Word for yourself and declare them as the Holy Spirit directs.

CHAPTER TWO

ASSOCIATION

Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.

Proverbs 27:17

Friends can upgrade or downgrade your spiritual growth in the Lord. Most Christians cannot grow because of the friends they have connected to. The word of God says iron sharpens iron, so a Christian can sharpen his fellow Christian when he connects. In the animal kingdom, they live together according to their nature. The goats move along with the goats. The Elephants move together with Elephants. There is no way you will see an eagle moving with a crow. That is how God has made it.

It is a spiritual law you must know. If you are Christian, you must associate with Christians. People of the same character connect easily. It is easy for a prayerful believer to identify a prayerful believer. It is easy for a sinner to recognize a fellow sinner because their aura draws them together. You can feel love when someone draws close to you. We can use the gift of discernment in this channel.

Among the Christians, we have babies in the Lord, those who are carnal and soulish, those who are spirit-filled and spirit gifted and those who are religious and legalistic. You attract your type because it is a spiritual law. I can discern a

prayerful and a sanctified Christian easily because I love prayer and the Word. You cannot call yourself a Christian and equally yoke with the unbelievers because they reject the leadership of the Holy Spirit. They oppose the works of the Holy Spirit (***See Acts 7:51***).

Every child of God must make it a habit to connect with matured Christians because they can sharpen you. Apart from the Word, you can find sincere believers who love and fear the Lord. Find prayerful Christians and connect with them if you want to grow in prayers. If you're going to be spiritual, find Spirit-filled Christians and connect with them.

If you want to be full of the Word, find Christians who love the Word and preach the Word. Connect with Christians full of the Word, and they will sharpen you. If you want to grow in love and grace, find Christians full of divine love and grace. Connect with them, and they will sharpen you in love and grace. Let's read from the Word.

And there shall come forth a rod out of the stem of Jesse, and a Branch shall grow out of his roots:

And the spirit of the LORD shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD;

Isaiah 11:1-2

The above scripture is a prophecy given to Isaiah that Christians will receive these graces in our time, so there are Christian leaders and Christians who carry the grace of wisdom and understanding. If you want to grow in wisdom, connect with them, and you will receive the grace in their lives.

There are Christian leaders and Christians who carry the grace of counsel and might, so if you want to grow in the grace of counsel and might, connect with these Christians. There are Christian leaders and Christians who carry the grace of knowledge and the fear of God, so if you want to receive the grace of knowledge and the fear of God, connect with them. You can connect to the Holy Spirit because He is the giver of this grace.

Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

But his delight is in the law of the LORD; and in his law doth he meditate day and night.

And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

Psalm 1:1-3

If you want to sprout in the Lord, do not walk in the steps of the wicked because the Word says so. You must not sit together with them and sin with

them. Apply wisdom when with them because they can be your family members. Most time, they gossip and backbite others. Their communication is evil. Their voice will corrupt your good manners (***See 1 Corinthians 15:33***). The atmosphere they live in can limit your spiritual growth. The Word further states that we should meditate on the Word day and night.

Walking on this path will make you fruitful in your Christian life. You will prosper in whatever you do. If you are consistent with the Word, you will succeed. Don't equally yoke with the scornful and the wicked because it is a command from God. Apply the principles in the Word, and you will see the power of God in your life. Whatever I am writing to you works in my Christian life. My closest friend is my Holy Bible, Christian books and the Holy Spirit.

CHAPTER THREE

PRAYER AND FASTING

Prayer is one of the greatest weapons every Christian can use alongside the Word. A Christian who does not pray becomes a liability to the Kingdom of God and an asset to the Kingdom of darkness. For prayer, I refer you to the teachings of Archbishop Duncan Nicholas Williams because he is an Apostle of Strategic Prayers. Get his books for more revelations on prayer.

If you want to know who a man of God is, in the realms of the Spirit. Intercede for the person. If you pray for an anointed man of God from your heart, the Holy Spirit will reveal something about the person to you. Pray for your leaders in various organizations. The Lord will upgrade you in the spirit if you do it from your heart. I love to pray for ministers of God because the Word commands us to pray for them.

I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men;

FOR KINGS, AND FOR ALL THAT ARE IN AUTHORITY; that we may lead a quiet and peaceable life in all godliness and honesty.

For this is good and acceptable in the sight of God our Saviour;

1 Timothy 2:1-3

Every Christian must understand the principle of prayer and fasting. Prayer plays a vital role in our spiritual life. Jesus Christ showed us the way, and we are mandated to follow his steps. There is a scripture I want to show you.

But THEY THAT WAIT UPON THE LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Isaiah 40:31

Prayer and fasting renew our strength in the Lord. Fasting is a spiritual booster because it limits the desires of the flesh and activates the muscles of the spirit. When we fast and pray, our spirit receives revelation and wisdom from the Holy Spirit.

The word of God says, when we fast, we renew our strength. What strength is the Word talking about? It is the strength of our spirit. Fasting breaks the demons of lust and empowers our spirit to dominate the cravings of the flesh. If you feed your flesh all the time, your flesh will dominate you. There are times; you have to fast and pray because fasting and prayer are a necessity for your spiritual growth.

There are some Christians who feed their flesh all the time. They allow the desires of the flesh to dominate them. I categorize these Christians as carnal because they limit the flow of the Holy Spirit. It takes a long time for such Christians to grow because their flesh silences the leadership of the Holy Spirit

in their life. I respect the ministry of Prophet Nana Opoku Sarkodie because he is a minister of God who fasts and prays. His ministry understands fasting and prayers because he loves fasting and prayers.

I humbly recommend the teachings of Prophet Nana Opoku Sarkodie to Christians who love fasting and prayers. I have most of his teachings because he emphasizes fasting, holiness and prayer. Child of God, growing in the Lord is not about selfishness. If you want to grow in the Lord, connect with anointed men and women of God through their teachings and books. These keys work for me; I have tested them. You can apply the same keys and see the supernatural growth in your Christian life. Let's read from the Word.

And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.

Luke 6:12

If Jesus Christ prayed all night, who are we to reject prayer. Jesus knew the power of prayer. He prayed all night. Jesus understands the things of the Spirit more than us. If he prayed all night, who am I to reject long prayers. Don't underrate the power of prayer because it is a spiritual supplement to your spirit.

Prayer breaks the illegal laws of the devil. Prayer breaks every wall of Jericho in our spiritual life. Build a consistent prayer life because, without prayer and fasting, your spiritual walk with the Holy Spirit will break.

Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, ***HE KNEELED UPON HIS KNEES THREE TIMES A DAY, AND PRAYED, AND GAVE THANKS BEFORE HIS GOD, AS HE DID AFORETIME.***

Daniel 6:10

Daniel was a great prophet in the land of Babylon. His ministry brought the Israelites to the power of God. His prayers and devotion to the Lord changed the heart of the proud Kings in Judah and Jerusalem. His enemies conspired to assassinate him, but the Lord delivered him. They record in the scriptures that Daniel prayed three times a day. The question is, why did Daniel pray three times a day. Daniel knew the power of prayer in his Christian life. His prayer and fasting life elevated him above the plans of his enemies. Prayer and fasting made the spirit of Daniel stronger.

Daniel knew the laws in Babylon; he knew they would kill him if he disobeyed the law of the King. The spirit of Daniel was strong because of his prayer life. Some Christians backslide when the enemy sets a trap for them. It takes prayer and fasting to break the enemy's plans because the enemy does not want you to grow in the Lord (***See Matthew 26:41***). The enemies of Daniel wanted Daniel to stop praying because his prayers restricted their evil plans in the palace. Daniel did not compromise his faith because he received spiritual strength from his prayers and fasting. There is a scripture you must know.

He that speaketh in an unknown tongue edifieth himself; but he that prophesieth edifieth the church.

1 Corinthians 14:4

Praying in tongues is one of the fastest boosters in the Spirit. When you pray in tongues, the Holy Spirit edifies your spirit. As you pray in tongues, you grow in the virtues of the Holy Spirit.

- When you pray in tongues, the seed of love activates in your heart.
- When you pray in tongues, the seed of joy activates in your heart.
- When you pray in tongues, the seed of faith activates in your heart.
- When you pray in tongues, the seed of temperance activates in your heart.
- When you pray in tongues, the seed of wisdom activates in your heart.
- When you pray in tongues, the seed of humility activates in your spirit.
- When you pray in tongues, the spirit of holiness activates in your spirit.
- When you pray in tongues, the seed of self-control activates in your spirit.
- When you pray in tongues, the seed of power activates in your spirit.

Get my book titled “[*The Language of the Spirit World*](#)” for more revelation on

tongues-speaking. I believe the Holy Spirit has spoken to you through my book.

Shalom.

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the benefits of this book.**

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**PRAYER OF SALVATION (CONFESS THIS PRAYER WITH ALL YOUR
HEART)**

Heavenly Father, I come to you in the name of Jesus Christ. Please forgive me of all my sin and wash me by the blood of Jesus Christ. I confess Jesus Christ as my Lord and personal Saviour. I will follow and love you with all my heart.

Amen.

FOLLOW THESE INSTRUCTIONS AFTER THE PRAYERS

1. Delete and format anything that will limit you from the presence of God.
2. Download a Holy Bible on all your electronic devices (King James Version recommended).
3. Buy a hard copy of a Holy Bible (King James Version recommended).
4. Find a church that believes and follows the Holy Bible as their source of final authority and as their reference of doctrine and get baptized in water and with the Holy Spirit.
5. Build a consistent prayer life on your own.
6. Fellowship with the Holy Spirit through the word of God and anointed spiritual songs (worship, praises, and hymnals).
7. Evangelize in your community.

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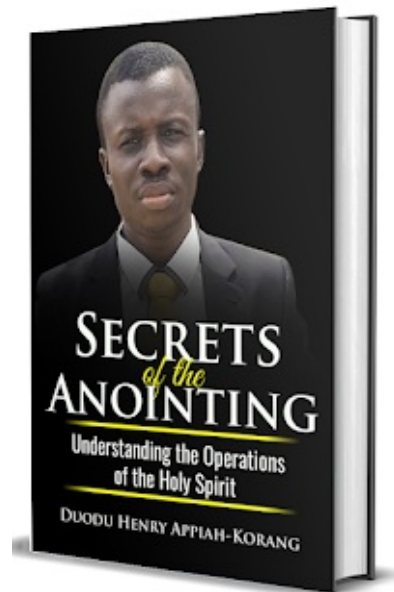
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About the Author



I'm a Christian leader who loves to work with God and serve the church of the living God with all my heart. I love reading life-transforming and self-help books, especially Christian books. I'm an ordained Pastor who is into campus (evangelism) and online ministry. I completed the University of Professional Studies, Accra, in 2017, where I obtained a Bachelor of Science in Accounting and completed several bible schools. By the grace of God, I have been in the ministry of God since 2009. The Word of God is one of my most exceptional spiritual food. I love to teach, preach, prophesy, and help people understand the Word of God, especially those in colleges.

Read more on my website: <https://www.rockofheaven.com/>

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